

Shh! Anti-agers no one but you need know about: My face is line-free but bingo wings show my age

- Cosmopolitan beauty director Inge van Lotringen advises readers on skincare
- A readers asks for help with crepey underarms and an old-looking stomach
- She offers advice on the best treatments, including radiofrequency (RF)

By [INGE VAN LOTRINGEN FOR THE DAILY MAIL](#)
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Q At 60, my face is smooth but my crepey underarms and stomach look older than the rest of me! What works that's affordable?

A Many congratulations for looking great! Have you kept your face out of the sun but not your body, which could account for some of the crepeyness there? I think radiofrequency (RF) treatment could help, if you choose the right option.

Aesthetician Renee Lapino (reneelapino.com) is a bit of an expert in the field and evangelical about Lumenis NuEra Tight, a new RF machine that (painlessly) heats tissues underneath the skin surface to around 40c to induce fresh cell regeneration.



Ingeborg van Lotringen is beauty director at Cosmopolitan. Email questions to inge@dailymail.co.uk

Renee has called the smoothing results of the rather pleasant 30-minute treatments (in which a warm treatment head is simply moved over the 'offending' area) 'astounding' and nearly instantaneous, as well as cumulative.

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You need a series of weekly sessions, though: eight for arms (£300 each at Lapino's clinic) and six for the stomach (£200 each), with results lasting over a year.

Not cheap, sadly, but this is a rare treatment that offers gain without pain.



A reader asks: 'At 60, my face is smooth but my crepey underarms and stomach look older than the rest of me! What works that's affordable?' (stock photo)

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